

THE IMPORTANCE OF LEARNING STYLE FOR STUDENTS

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ABSTRACT

Learning is a process or basic effort carried out by each individual in order to gain knowledge so that they can better understand, master and be skilled in doing something. Learning is also done in order to get a better and more positive change in life, in behavior and in thinking. Everyone has their own way of learning that is tailored to their respective thinking abilities, and this way of learning will affect one's speed in understanding learning. The purpose of this research is to examine what learning methods are used by Bispro 2020 D4 students in understanding the material given by teaching lecturers. From the results of this study, information will be obtained about how to learn how to be used by students and whether the way of learning is in accordance with them or even they still have not found a way of learning that suits them.

Keywords: Learning, how to learn, and students.

1. INTRODUCTION

The explanation from Winkel (2009), the purpose of learning is mental or psychic activity, which takes place in active interaction with the environment, resulting in a number of changes that are relatively constant and vary widely.

Djamarah and Zain (2010) said that, learning is a process of changing behavior thanks to experience and practice. This means that the purpose of the activity is a change in behavior, both, concerning knowledge, skills and attitudes, even covering.

Meanwhile, according to Vygotsky (1978) means that learning is a constructivist activity where students are active learning subjects who create their own cognitive structures and student activity will help in shaping the cognitive structure.

So what is our purpose for studying? According to Sadirman (2011), in general there are three learning objectives, namely to acquire knowledge, instill concepts and skills, and form attitudes.

Everyone, every students has their own way of learning in absorbing, organizing, understanding, receiving, and processing learning information. There are some people who may prefer to learn by listening to the explanation of the material directly, there are also people who prefer to learn by reading and analyzing it themselves, there are even some people who prefer to learn through watching videos.

Sugihartono (2007) explains that, "learning style is a collection of personal characteristics that make learning effective for some people and not effective for others.

Ardhana & Willis (1989) said that learning style or learning style is a characteristic of cognitive, affective and psychomotor behavior, as an indicator that acts relatively stable for students to feel interconnected and react to the learning environment.

According to Mike Hernacki quoted by Fatkhan Amirul Huda (2022) in his website, it is stated that, "the way of learning is a combination of modality and brain dominance. Modality means the easiest way for a person to absorb information, while brain dominance is the way a person organizes and processes information."

Quoted from Rahayu, M., (2013) there are several kinds of learning styles including visual learning styles, auditory learning styles, and kinesthetic learning styles.

1. Visual learning style

People who use a visual learning style are more dominant in using their eyes in the learning process, they prefer to observe the object being studied and see how the body language and expressions of the teacher are. They understand faster if they learn to use visual displays such as diagrams, picture textbooks, and videos.

2. Auditory learning style

People who learn to use the auditory style rely more on their hearing in the learning process, they tend to prefer and be able to understand lessons more quickly by using verbal discussion methods and listening to explanations from their teachers.

3. Kinesthetic learning style

People who use the kinesthetic learning style usually tend to be more active and difficult to stay still because they like to learn by being active and exploring, doing an activity and moving to touch the object being studied directly.

Knowing how to learn according to one's own abilities is very important, because by having an appropriate way of learning, the learning process will become more effective and orderly, and the learning outcomes will be better.

2. METHODOLOGY

The object of this research is students majoring in the language of the D4 English study program for Business and Professional Communication class of 2020. This research was carried out in a student learning environment such as in the classroom and while studying at home. The research method used is the interview method, and was conducted on several students of the 2020 Bispro D4 study program. Launching from the book Evaluation of history learning by B. Fitri Rahmawati and Syahrul Amar quoted from the Daily News website, stating that the interview method is a form of evaluation media. non-test type and is carried out through conversation and question and answer. This research was conducted from 13-16 October 2022 with the object being 4 students from the 2020 Bispro D4 study program.

3. RESULTS AND DISCUSSION

From this research, it was found that students have their own way of learning, from 4 students who were interviewed 2 students answered that they were more suited to learning using visual learning styles and kinesthetic learning styles, 1 student answered that they were more in line with kinesthetic learning styles, while 1 other student answered that the auditory learning style suits him better than the other 2 learning styles. From the results of this study, it is also known that the four students who were interviewed already knew what kind of learning style was suitable for themselves and they acknowledged that the appropriate and preferred way of learning made their learning process better. According to Gunawan (2006), "learning style is the way we prefer to think, process and understand information". Doing an activity according to what we like makes us more enthusiastic in doing these activities, as well as learning activities.

4. CONCLUSION

Results of this study indicate that the role of learning styles is needed by everyone, including students. By getting a teaching method that is in accordance with the student's learning style, the better the learning outcomes obtained by them because this learning style makes students faster in accepting and understanding the subject matter provided.

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